### Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

HMSA: MED 734 / DRG 860, PENSIONED OPERATING ENGINEERS

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.hmsa.com.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary/ or call 1-800-776-4672 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Not applicable.	This <u>plan</u> does not have a <u>deductible</u> . You do not have to meet a <u>deductible</u> amount before the <u>plan</u> pays for any services.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<ul> <li>\$2,500 individual / \$7,500 family (applies to medical <u>plan</u> coverage).</li> <li>\$3,600 individual /</li> <li>\$4,200 family (applies to <u>prescription drug</u> coverage).</li> </ul>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billed charges</u> , payments for services subject to a maximum once you reach the maximum, any amounts you owe in addition to your <u>copayment</u> for covered services, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>http://www.hmsa.com/search/providers</u> or call 1-800-776-4672 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral to</u> see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Coverage for: Individual / Family | Plan Type: CompMED



Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
	<u>Specialist</u> visit	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
	Other practitioner office visit:				
If you visit a boalth	Physical and Occupational Therapist	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.	
If you visit a health care provider's	Psychologist	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
office or clinic	Nurse Practitioner	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
	Preventive care (Well Child Physician Visit)	No charge	No charge	Age and frequency limitations may apply. You may have to pay for	
	Screening	No charge	No charge	services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are	
	Immunization (Standard and Travel)	No charge	No charge	preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test				
	Inpatient	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% coinsurance	20% coinsurance	preauthorization is not obtained.	
	X-ray				
	Inpatient	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if	
If you have a test	Outpatient	20% coinsurance	20% coinsurance	preauthorization is not obtained.	
n you nuve a test	Blood Work				
	Inpatient	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	No charge	No charge	preauthorization is not obtained.	
	Imaging (CT/PET scans, MRIs)				
	Inpatient	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% coinsurance	20% coinsurance	preauthorization is not obtained.	

Common Medical	Services You May Need	What You	What You Will Pay		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Tier 1 – mostly Generic drugs (retail)	\$7 <u>copay</u> /prescription	\$7 <u>copay</u> and 20% <u>coinsurance</u> /prescription	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.	
	Tier 1 – mostly Generic drugs (mail order)	\$11 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
	Tier 2 – mostly Preferred <u>Formulary</u> Drugs (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.	
If you need drugs to treat your	Tier 2 – mostly Preferred <u>Formulary</u> Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.hmsa.com</u> .	Tier 3 – mostly Non-preferred <u>Formulary</u> Drugs (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription	In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a <b>\$45 Tier 3 Cost Share per retail</b> <b>copay.</b> Cost to you for retail Tier 3 drugs: One <u>copay</u> plus one Tier 3 Cost Share for 1-30 day supply, two <u>copays</u> plus two Tier 3 Cost Shares for 31-60 day supply, and three <u>copays</u> plus three Tier 3 Cost Shares for 61-90 day supply.	
	Tier 3 – mostly Non-preferred <u>Formulary</u> Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a <b>\$135 Tier 3 Cost Share per mail</b> <b>order copay.</b> Cost to you for mail order Tier 3 drugs: One mail order <u>copay</u> plus one mail order Tier 3 Cost Share for an 84-90 day supply at a 90 day at retail <u>network</u> or contracted mail order <u>provider</u> .	

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Tier 4 – mostly Preferred <u>Formulary</u> <u>Specialty drugs (</u> retail)	\$100 <u>copay</u> /prescription	Not covered	Retail benefits for Tier 4 and Tier 5 drugs are limited to a 30-day supply.	
	Tier 5 – mostly Non-preferred Formulary Specialty drugs (retail)	\$200 <u>copay</u> /prescription	Not covered	Available in participating Specialty Pharmacies only.	
	Tier 4 & 5 (mail order)	Not covered	Not covered		
	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	20% coinsurance	none	
If you have	Physician Visits	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
outpatient surgery	Surgeon fees	20% coinsurance (cutting)	20% coinsurance (cutting)	none	
		20% coinsurance (non-cutting)	20% coinsurance (non-cutting)	none	
	Emergency room care				
	Physician Visit	\$20 <u>copay</u> /visit	\$20 <u>copay</u> /visit	none	
	Emergency room	20% coinsurance	20% coinsurance	none	
If you need immediate medical attention	Emergency medical transportation (air)	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Limited to air transport to the nearest adequate hospital within the State of Hawaii, except in certain situations when transportation to the continental US is necessary for critical care in accord with HMSA's medical policy. Certain exclusions apply.	
	Emergency medical transportation (ground)	20% coinsurance	20% coinsurance	Ground transportation to the nearest, adequate hospital to treat your illness or injury.	
	Urgent care	\$14 <u>copay</u> /visit	\$14 <u>copay</u> /visit	none	
	Facility fee (e.g., hospital room)	20% coinsurance	20% coinsurance	none	
If you have a	Physician Visits	\$20 <u>copay</u> /visit	\$20 <u>copay</u> /visit	none	
hospital stay	Surgoon foo	20% coinsurance (cutting)	20% coinsurance (cutting)	none	
	Surgeon fee	20% coinsurance (non-cutting)	20% coinsurance (non-cutting)	none	

Common Medical	Services You May Need	What Yo	What You Will Pay		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Outpatient services				
	Physician services	HMSA: \$14 <u>copay</u> /visit ARP: No charge	HMSA: \$14 <u>copay</u> /visit ARP: Not covered	Additional substance abuse benefits are available through Assistance Recovery Program (ARP).	
lf you have mental health, behavioral	Hospital and facility services	HMSA: 20% <u>coinsurance</u> ARP: No charge	HMSA: 20% <u>coinsurance</u> ARP: Not covered	Additional substance abuse benefits available through Assistance Recovery Program (ARP).	
health, or	Inpatient services				
substance abuse needs	Physician services	HMSA: 20% <u>coinsurance</u> ARP: No charge	HMSA: 20% <u>coinsurance</u> ARP: Not covered	Preauthorization by ARP is required if you are not Medicare eligible.	
	Hospital and facility services	HMSA: 20% <u>coinsurance</u> ARP: No charge	HMSA: 20% <u>coinsurance</u> ARP: Not covered	Preauthorization by ARP is required if you are not Medicare eligible.	
	Office visit (Prenatal and postnatal care)	20% coinsurance	20% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	20% coinsurance	type of services, <u>coinsurance</u> or <u>copay</u> may apply. Maternity care may include	
	Childbirth/delivery facility services	20% coinsurance	20% coinsurance	tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	20% coinsurance	20% coinsurance	150 Visits per Calendar Year	
If you need help recovering or have other special health needs	Rehabilitation services	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained. Excludes cardiac rehabilitation.	
	Habilitation services	Not covered	Not covered	Excluded service	

	Skilled nursing care	20% <u>coinsurance</u>	20% <u>coinsurance</u>	120 Days per Calendar Year. Includes extended care facilities (Skilled Nursing, Sub-Acute, and Long-Term Acute Care Facilities) to the extent care is for <u>Skilled nursing care</u> , sub- acute care, or long-term acute care.
	Durable medical equipment	20% coinsurance	20% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
	Hospice services	No charge	No charge	none
	Children's eye exam	Not covered	Not covered	If you elect vision coverage, it will be through a separate vision plan with Vision Service Plan (VSP).
If your child needs dental or eye care	Children's glasses (single vision lenses and frames selected within designated group)	Not covered	Not covered	If you have vision coverage, it will be through a separate vision <u>plan with</u> Vision Service Plan (VSP).
	Children's dental check-up	Not covered	Not covered	If you elect dental coverage, it will be through a separate dental plan with Hawaii Dental Services (HDS).

Excluded Services & Other Covered Services:

S	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
•	Acupuncture	•	Dental care (Child)	•	Routine eye care (Adult)	
		•	Habilitation services	•	Routine eye care (Child)	
•	Cosmetic surgery	•	Long-term care	•	Routine foot care	
	Dental care (Adult)	•	Private-duty nursing	•	Weight loss programs	

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

•

• Bariatric surgery

- Chiropractic care (e.g., office visits, x-ray films limited to services covered by this medical <u>plan</u> and within the scope of a chiropractor's license)
- Hearing aids (limited to one hearing aid per ear every 60 months)
- Infertility Treatment (Artificial Insemination and In Vitro Fertilization. Please refer to your <u>plan</u> document for limitations and additional details)
  - Non-emergency care when traveling outside the U.S. For more information, see <u>www.hmsa.com</u>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1) 1-800-776-4672 for HMSA; 2) (808) 586-2790 for the State of Hawaii, Dept. of Commerce and Consumer Affairs – Insurance Division; 3) 1-866-444-3272 or <a href="http://www.dol.gov/agencies/ebsa">http://www.dol.gov/agencies/ebsa</a> for the U.S. Department of Labor, Employee Benefits Security Administration; or 4) 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a> for the U.S. Department of Health and Human Services. Church plans are not covered by the Federal COBRA continuation coverage rules. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/agencies/ebsa">http://www.dol.gov/agencies/ebsa</a>. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External <u>Appeals</u>, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.
- For non-federal governmental group health <u>plans</u> and church plans that are group health <u>plans</u>, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External <u>Appeals</u>, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

Does this Coverage Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this Coverage Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-776-4672. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-776-4672. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-776-4672. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-776-4672.

——To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a delivery)	a hospital	Managing Joe's type 2 Diabet (a year of routine in-network care of a well-c condition)		Mia's Simple Fracture (in-network emergency room visit and f care)	follow up
The <u>plan's</u> overall <u>deductible</u>	\$0	The plan's overall deductible	\$0	The <u>plan's overall deductible</u>	\$0
Specialist copayment	\$14	Specialist copayment	\$14	Specialist copayment	\$14
Hospital (facility) <u>coinsurance</u>	20%	Hospital (facility) <u>coinsurance</u>	20%	Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%	Other coinsurance	20%	Other coinsurance	20%
This EXAMPLE event includes services li Specialist office visits (prenatal care)	ke:	This EXAMPLE event includes services li Primary care physician office visits (including		This EXAMPLE event includes service Emergency room care (including medica	

Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*) Primary care physician office visits (*including disease education*) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)

### Emergency room care (*including medical* supplies) Diagnostic test (*x-ray*) Durable medical equipment (*crutches*) Rehabilitation services (*physical therapy*)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$30	Copayments	\$400	Copayments	\$90
Coinsurance	\$2,000	Coinsurance	\$200	Coinsurance	\$400
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$2,090	The total Joe would pay is	\$620	The total Mia would pay is	\$490

# Federal law requires HMSA to provide you with this notice.

HMSA complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. HMSA does not exclude people or treat them differently because of things like race, color, national origin, age, disability, or sex.

### Services that HMSA provides

Provides aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
   Provides language services to people whose primary language is not English, such as:
- Qualified interpreters
- Information written in other languages
- If you need these services, please call 1 (800) 776-4672 toll-free; TTY 711

## How to file a discrimination-related grievance or complaint

If you believe that we've failed to provide these services or discriminated against you in some way, you can file a grievance in any of the following ways:

- Phone: 1 (800) 776-4672 toll-free
- TTY: 711
- Email: Compliance\_Ethics@hmsa.com
- Fax: (808) 948-6414 on Oahu

• Mail: 818 Keeaumoku St., Honolulu, HI 96814 You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for

Civil Rights, in any of the following ways:

Online: ocrportal.hhs.gov/ocr/portal/lobby.jsf

 Mail: U.S. Department of Health and Human Services, 200 Independence Ave. S.W., Room 509F, HHH Building, Washington, DC 20201
 For complaint forms, please go to hhs.gov/ocr/office/file/index.html.

Hawaiian: E NĀNĀ MAI: Inā hoʻopuka ʻoe i ka ʻŌlelo Hawaiʻi, loaʻa ke kōkua manuahi iā ʻoe. E kelepona iā 1 (800) 776-4672. TTY 711.

**Bisaya:** ATENSYON: Kung nagsulti ka og Cebuano, aduna kay magamit nga mga serbisyo sa tabang sa lengguwahe, nga walay bayad. Tawag sa 1 (800) 776-4672 nga walay toll. TTY 711.

Chinese: 注意:如果您使用繁體中文,您可以 免費獲得語言援助服務。請致電 1 (800) 776-4672。TTY 711.

**Ilocano:** PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1 (800) 776-4672 toll-free. TTY 711.

Japanese: 注意事項: 日本語を話される場合、 無料の言語支援をご利用いただけます。 1 (800) 776-4672 をご利用ください。 TTY 711. まで、お電話にてご連絡ください.

Korean: 주의: 한국어를 사용하시는경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1 (800) 776-4672번으로 연락해 주시기 바랍 니다. TTY 711 번으로 전화해주십시오.

Laotian: ກະລຸນາສັງເກດ: ຖ້າທ່ານເ<sub>ວ</sub>ີອ້ າພາສາລາວ,

ການຊ່ວຍເືຫອດ້ານພາສາ, ່ໍບພີ ຄ່າໃຊ້ ຈ່າຍ<sub>An Independent Licensee of the Blue Cross and Blue Shield Association</sub>

• Phone: 1 (800) 368-1019 toll-free; TDD users, call

wōṇāān. Kaalok 1 (800) 776-4672 tollfree, enaj ejjelok wonaan. TTY 711.

**Pohnpeian:** Ma ke kin lokaian Pohnpei, ke kak ale sawas in sohte pweine. Kahlda nempe wet 1 (800) 776-4672. Me sohte kak rong call TTY 711.

**Samoan:** MO LOU SILAFIA: Afai e te tautala Gagana fa'a Sāmoa, o loo iai auaunaga fesoasoan, e fai fua e leai se totogi, mo oe, Telefoni mai: 1 (800) 776-4672 e leai se totogi o lenei 'au'aunaga. TTY 711.

**Spanish:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (800) 776-4672. TTY 711.

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1 (800) 776-4672 toll-free. TTY 711.

**Tongan:** FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai 1 (800) 776-4672. TTY 711.

**Trukese:** MEI AUCHEA: Ika iei foosun fonuomw: Foosun Chuuk, iwe en mei tongeni omw kopwe angei aninisin chiakku, ese kamo. Kori 1 (800) 776-4672, ese kamo. TTY 711.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1 (800) 776-4672. TTY 711.



An Independent Licensee of the Blue Cross and Blue Shield Associat

ແມ່ ນີມໃຫ້ ທ່ານ. ໂທ 1 (800) 776-4672 ຟຣ. TTY 711.

**Marshallese:** LALE: Ñe kwōj kōnono Kajin Majōļ, kwomaroñ bōk jerbal in jipañ ilo kajin ne am ejjelok

NMM\_1000\_24715\_1557\_R